

Healing stones



Agate

Fire stone, gives fire to the lines, sense of courage and fortitude helps to discover truth. Supports you to feel grounded and balanced. Brings stability in times of change. Helps you feel happy in your own skin



Alexandrite

The love child, helps to rebuild body and mind after trauma, joy, growth, love life . Helps you develop your own source of joy within yourself. It facilitates an awareness of the beauty of every moment, and your power to choose and make the most of your life.



Amazonite

The thinker, soothes the immune system, strengthens heart and auric body, helps to let go. Helps to harmonize apparently different motivations and interests by bringing the truth to light without emotionality, and allowing one to see another point of view. It facilitates this process both between people, and within an individual psyche. Therefore it is good for meditation and inner work to clarify inner conflicts and confusion and integrate the self.



Amber

Remembers the past and clears the head allowing memories, refreshes kindness and soul, good for infection, protection. Carries the energy of the sun, warmth, and wellbeing. It is nurturing and good for people recovering from illness or who are needing comfort. It can transmute negative or stagnate energies into positive energy like a sunny day lifts the spirits. In this way it can be protective, letting you carry around a bubble of sunshine wherever you go.



Amethyst

Elevates the spirit, strengthens immune and endocrine, affects the right side of the brain. Protects you from negative energy. Enhances your intuition & psychic abilities. Helps you break bad habits



Aquamarine

The serene one, calms nerves, reduces fluid retention, stimulates creativity and clarity of mind. Helps you speak with clarity and compassion. Lets you release stuck emotions and old attachments. Brings the energy of the Divine Feminine



Aventurine

Stimulates muscle tissue and blood, brain stone, purifies mental and etheric bodies, centers you. Is known as the “Lucky Talisman” or “Stone of Opportunity” for its good luck properties. Its deeper purpose is help you release old habits and patterns so you are ready for new opportunities and growth and can move forward with confidence.



Azurite

Decision maker, assists flow of energy through the nervous system, cuts through illusion. Stimulates the third-eye chakra, enhancing inner vision, dreams, and psychic powers.



Blood stone

Good for blood, strengthens the flow of oxygen, enhances vitality, reduce stress and anemia. Assists us in facing the hard realities and challenges of Earthly life with courage and nobility. It does this by strengthening the root chakra, purifying the aura, and grounding one fully in the physical body. By bringing the subtle body into balance, it bolsters our inner vitality and gives us the heart to make necessary sacrifices, look at painful truths, or endure physical trials.



Calcite

The balance, benefits kidneys, pancreas, spleen, reduces fear and stress,, balances male and female. Works to clear energy blockages in the body's energy systems. Orange calcite works with the 2nd and 3rd chakras, healing and giving energy toward creativity, sexuality, and the will. You can match the color of calcite to the chakra it works with: Blue = Throat, Green & Pink = Heart, Red = Root.



Carnelian

Friendly stone, excellent healer, energizes physical, mental and emotional self, social stimulator. Is about action. By activating the first three chakras, Carnelian provides a powerful boost to your willpower, with the physical energy and drive to back it up. If your heart wants something, carnelian can give you the confidence and power to go for it.



Celestine

Stone of heaven, relaxes mind to give spiritual growth, expands creative expression. A sweet, uplifting gemstone that brings a peaceful, serene energy to any setting. It is known best for helping you tune into the "celestial realm", meaning communicating with your guides and angels. It helps invite in angels and Divine healing energy. Celestite is a great choice if you are working to elevate your vibration. Work with it during meditation, or carry it throughout the day for support to access and higher states of consciousness and stay connected with your guides.



Citrine

Good for kidney,colon,liver, gallbladder, digestion, attracts abundance.To manifest your dreams, you first need to know what they are. By activating both your imagination and your will, citrine helps you clearly envision what you want, and then gives you the persistence to see it through.



Copper

Helps blood, gives energy, helps arthritis and connective tissue disorders, cleans toxins.



Diamond

Master healer, dispels negativity, purifies the body and spirit, amplifies energy.Encourage stepping up and stepping into your true power to be a force for good in the world—that is, accepting and fulfilling your spiritual destiny. They encourage you to see, seek, and radiate the Light within yourself. They are intense stones! Note: Rough/natural diamond crystals are more effective for metaphysical work than cut diamonds (and a lot more affordable!).



Emerald

Unconditional love stone of great power, helps heart, liver, kidney, immune system, patience. Is a pure activator of the heart chakra. It helps you stay centered in your heart's wisdom, and make choices from love and compassion. It opens your heart to receiving the flow of universal abundance available to us all, and in this way is an abundance stone. It can help heal heartbreak and nourish your emotional self.



Fluorite

The gatherer stone, gathers and absorbs vital nutrient energy, helps teeth and bones. Clears and clarifies mental clutter. If you are confused and distracted by too many ideas, or worries about the future, fluorite will put your mental mess in order, enabling you to focus on what really matters. It's a support for work that involves making subtle distinctions, or a lot of decisions in quick succession.



Garnet

Daydreamer stone, regenerates the body after stress and the sexual trauma of love lost. Helps you turn your visions into physical reality. They are stones of prosperity and pleasure, supporting you to live the good life! Various types of garnets help with different types and levels of manifestation.



Gold

Strengthens nervous system, purifies the body, attracts positive energy, opens mind.



Gypsum

The rejuvenator stone, helps with loss of fertility and sex drive, enhances elasticity of skin.



Hematite

Stimulates oxygen, spleen, blood, inspires will, courage, personal magnetism, fosters focus. Is the most powerful gemstone to use for grounding. It can help you clear away confusion and orient you toward practical action in the real world. It brings the energy of higher consciousness down through the chakras to your root, and helps you transform that energy into physical reality. Hematite bracelets are handy to have on hand when you are working with higher-chakra gemstones, to keep you grounded.



Herkimer diamond

Harvester or detoxifier stone, amplifies healing, increases inner vision Enhancing dreams, mediation, & visioning abilities. Strengthening the power of other stones. Using in crystal grids to increase power & purify energy.



Jade

The virtuous stone, strengthens heart, kidney, increase longevity and fertility, aids eye disorder. Green jade carries the energy of the Earth and nature, providing a wholesome, nurturing energy that uplifts and soothes the heart. It draws the abundance of nature into your life, helping you create physical prosperity and wellbeing. It helps unblock the resistance we have to receiving what we need and love, and helps us get in the flow of Divine abundance. Jade is a heart chakra stone, and it supports harmonious connections. It is a good stone to place in your environment to foster positive energy and relationships.



Jasper

The talisman stone used in diagnosis and divination healing, lifts spirits, foster insights. Jaspers all share the property of connecting the wearer with Earth energy and have a grounding and stabilizing effect. Jaspers harmonize well together as well as with other quartz. Jaspers are gentle to work with and tend to be nourishing, grounding, and strengthening.



Kyanite

Cyanite, the faithful stone, healing for the throat, voice. Enhances the creativity of singers, enables communication and energy transfer mind-to-mind, between the conscious mind and the dreaming mind (creating lucid dreams), and between the physical and astral body. It creates pathways that heal by bridging blocks and aiding communication between disparate parts of the self, or between people.



Lapis lazuli

The night stone, good for the nocturnal, strengthens thyroid and skeleton, augments psychic. Is a stone with royal energy, in that it helps you uncover and access your inner noble and Divine nature. It activates psychic abilities and intuition, connecting you to spiritual guidance and visionary awareness. It helps you discern and speak the truth, as well as discover your truest inner Self.



Lepidolite

Lithium concentrate, relieves depression and compulsion as well as release old hurts. Is one of the most powerful crystals to help with stress and worry when life feels turbulent and overwhelming. It's high lithium content provides serenity, helping you work through and dissolve any negative emotions rising within you. Lepidolite is calming and nurturing, like a warm hug from a kind friend when you need some support. It aligns with the 4th chakra, helping open your heart to fully accept yourself—warts, struggles, mistakes and all. It can also help you find more compassion and patience for others and the role their relationship plays in your life.



Malachite

Aids the pancreas, spleen and circulation system, assists a good night sleep, visualizeris. A stalwart protector and bolsterer of your strength and willpower. It helps you access your innate power and protects you from negativity as you take action in the world.



Moon stone

Mother earth stone, very feminine stone, eases female disorders, inspires fertility and nurturing. Is a stone of feminine power and mystery. It assists in journeying inwardly and finding hidden truths in our unconscious and in past lives. It enhances intuition and encourages the wisdom and patience to trust Divine timing.



Obsidian

The black velet is a male stone, girds the loins, stimulate adventure and spiritual quests. Is an earth-stone, activating the root chakra and grounding you in your connection to the Earth. It clears the aura of negative energy, and can also be used for scrying.



Onyx

Balances male and female conflict, strengthens bone marrow, aids detachment and serenity. Focuses and directs your energy toward your goals, helping you stay the course. It can help you rebuild your vitality after a prolonged illness or period of depletion, and is useful for work that requires disciplined focus and perseverance. Onyx is good for grounding and focusing your attention, and for working through difficult emotional and physical problems. As a self-care aid, it can help you take charge of your own health, wellness and overall well-being



Opal

Stimulates pituitary and pineal, enhances eyesight and intuition. Opal's fire carries a spiritual energy that burns through attachments, wounds, and negative patterns. It can amplify your emotions, bringing semi-conscious patterns to the surface of your awareness to be dealt with. When these are cleared, it also amplifies joy.



Peridote

Lets go stone, antitoxin stone, cleans organs and glands, overall tonic, new opportunities. Is a positive energy stone. It vibrates with the energy of sunshine, showering you with blessings and abundance. It helps bring the physical reality of your life into alignment with your true purpose and joy. It can help you release past hardships, and step into a new reality of fruitful goodness.



Pyrite

Aids digestion, improves circulation, positive outlook on life, gives sparks to life. Strengthens and activates the third chakra, the seat of the will. The result is increased confidence, assertiveness, creativity, and the ability to do what it takes to create what you want. Pyrite activates warrior energy, supporting assertive action to protect loved ones, community, and the Earth. It also supports masculine sexuality, ambition, mental focus, decisiveness, physical stamina, and vitality.



Quartz

Singing and dancing stone, good for brain, dispels negative feelings, good thought provoker. The most useful and versatile of gemstones for metaphysical work. It has the unique property of being "programmable", meaning you can infuse it with your intention and then it will amplify it, working on your behalf to manifest it in the world. It also acts to amplify the energies of any other stone you are working with.



Rose quartz

The love stone, strokes the heart to forgive, let's go of stored anger, resentment, guilt, It helps dissolve old hurts and open the heart to trust in love and have faith in the benevolence of the Universe. It has a melting effect on mistrust and suspicion and reawakens the heart chakra to the abundance of love available to it.



Ruby

The servant of servants, preserves the body and mind, promotes strength, tranquility, immunity. Is an activator of passion, confidence, determination, and adventure. It helps you develop courage and face your fears, moving through them and experiencing the renewed vitality on the other side. Stimulating enthusiasm, willingness to try new things, and the fortitude to see them through, ruby is a powerhouse of life-force energy.



Sapphire

The loyalty stone, helps the heart and stomach, while stimulating pituitary and glandular system. Mental focus, self-discipline, and an orderly mind. Psychic insight & inner vision. Receiving and communication wisdom



Silver

The new beginning on is often drawn to one starting a new part of life, use it to guide you



Smokey quartz

The dream stone, release old negativity resentment and anger, balances sexuality. Clears negative energies from the environment by grounding them in the Earth. It also serves as a general grounding stone, helping you integrate insights from higher vibrations by keeping your feet on the ground and helping you handle practical matters.



Sugilite

The heart stone, strengthens healing and purification, balances the brain. Protection from negativity. Connection to your true purpose. More vivid dreams & lucid dreams



Tiger eye

This quartz helpful to the digestion, inspires you to be brave, clears perception. Strengthens your willpower and confidence. Supports your physical vitality & wellness. Helps you improve your life in tangible ways.



Topaz

The abundant stone, antidotes the contemporary life, inspires peace. Comes in many colors which have different but related properties. White/clear topaz acts as a magnifier, helping you manifest what you focus on. Golden topaz also helps in manifestation, but more slowly and with more emphasis on connecting and accepting your life path. Blue topaz is a magnifier for psychic abilities.



Tourmaline

The aquarian stone, connects one to the new age, offers strong protection. Carries the frequency of natural joy and beauty. Tourmaline comes in a wide variety of types and colors. Watermelon tourmaline combines pink and green tourmaline, bringing the energies of both and creating an ideal stone for working with the heart. Black tourmaline is one of the best protection crystals available and widely used for metaphysical work. Pink tourmaline is beneficial for emotional healing.



Turquoise

The ecology stone, helps absorption and stimulation of nutrients, helps in tissue renew. Activates and balances the throat chakra. This is the center of speech and self-expression. Turquoise helps us speak our wisdom and truth clearly. The biggest gift of turquoise is helping us know that every part of us is an element of our Divine self, to be understood and embraced. Turquoise encourages to accept ourselves, warts and all. It can help release regrets and find self-acceptance.



Zircon

The prudent stone, calms emotions, gives protection, helps insomnia and depressions. An energy-stimulating stone that can help “wake up” any chakra. It is also good for grounding idealistic or imaginative visions into practical applications. They amplify other stones and can also be used as psychic protection.